

Rob Rose - 4/19/07

The time has arrived to reveal all. It's difficult to relate something that has been welling up in me for some time. I decided to disclose it here, in the Sun Chronicle, rather than in a more appropriate media outlet such as the World Weekly News or the National Inquirer. The hometown newspaper deserves this exclusive for all the years that they have supported this column. The New York Times, Reuters and Fox News will just have to get it second-hand.

The truth is I have been abducted by aliens. Yes, a shocking revelation but a fact nonetheless. I have shielded this from everyone. My wife will find out for the first time by reading this article. Be strong, dear. This was not an isolated incident and I have irrefutable proof of this occurring. It was been happening now for some time and I need to go public in order to warn runners of this dire threat.

It occurred recently while I was running with the Wampanoag Road Runners on their weekly Sunday training run. I ran the six mile route that starts at DB Sports and winds it's way through Wrentham and Plainville before returning to DB. As I finished the course, I looked at my watch ...52:22. 52:22! I never run that slow! I had somehow lost five to seven minutes (at least) out there on the course and we know what that means. In that lost time, I was obviously apprehended by an alien spacecraft. It was 35 degrees that morning with a cloud cover; a situation that would give a hovering space vehicle the opening if they were up to nefarious deeds. Parts of that course run along isolated areas of George St., presenting a perfect opportunity for someone/something to train a ray on me and have me transported into an alien laboratory. Just like it happens on the X-Files!

I have been told that those who have been abducted by aliens have been victimized by these ruthless beings, subjected to inhumane probes and violations of their bodies. I can completely understand how they feel. Although there has been no visible sign of aliens probing my body there are clear indications of their intervention. There have been times after I finish a run, I find that something will be hurting. A knee is sore, my calf is giving me pain, my hamstring is hurting. How did that happen? It didn't hurt before I started running! The answer is unavoidable! Alien abduction!

I have been out on a run and vast stretches of road have disappeared. In the past I have surmised that I was just lost in thought thus accounting for the vanished time. Don't believe it. That's what they want you to think. Just part of their incredibly diabolical plan. Lost time, mysterious injuries and gaps in memory. Can it be anything else?

I believe that this is a plot focused on all runners because

the aliens have a plan. So why are they doing this? World conquest, of course!

Since many runners like to run trails, perhaps they are trying to keep us away from isolated areas where we might come across the many alien crash sites that are out there. That's the last thing they need. Having us find another Area 51 and discovering all their secrets on warp drive, intercrossers and ray guns would be very inconvenient for them. If we humans acquire the ability to become shape shifters that would certainly put a wrinkle in their world domination plans.

So, why are these aliens focusing on runners to select for examination? Let me speculate. Could it be our indomitable will, our incredible perseverance, our obsessive dedication to a goal, our physical superiority? All the attributes that aliens would need to suppress and extinguish in order to achieve their ends. I have seen 'Independence Day' and I know what they are up to! Insatiable locusts that want to strip mine all our resources. We must protect our planet!

Of course there are skeptics out there who believe that there is no credible evidence of alien presence. There are those that have offered up the preposterous theory that I am not losing minutes on my runs because of alien abduction. They claim that I'm slowing down because I'm getting older and that I'm a couple pounds heavier than I was fifteen years ago. They say my injuries are a natural occurrence and that my gaps in memory are just an addled mind lacking focus. I know ... but I try to humor them. How can you argue with the irrational?

I feel better now that I warned the running world but I think we need to take steps to counter the alien menace. We need to be alert and stay vigilant and heed those prophetic last words from the movie, 'The Thing' ... 'Look to the skies'